

ADVANCE TEACHING PLAN

MONTH	TOPIC	NO. OF HOURS	PLANNED EXAMS
DECEMBER 2025	FOUNDATION COURSE	10DAYS	
	INTRODUCTION TO ANATOMY	01	
JANUARY 2026	INTRODUCTION TO ANATOMY	02	
	HISTORY OF ANATOMY	02	
	GENERAL ANATOMY BONE	02	
	CARTILAGE	02	
	JOINTS	02	
	CLASSIFIATION OF BONE, CARTILAGE & JOINTS	02	
	MUSCLAR SYSTEM	02	
	CVS	03	
	SKIN	02	
	LYMPHATIC SYSTEM	03	
	REVISION	02	
FEBRUARY 2026	NERVES	02	Periodical I
	GLANDS	02	
	EMBRIOLOGY	20	
	INTRODUCTION TO UPPER EXTRIMITY	01	
MARCH 2026	PECTORAL REGION	02	
	MAMMARY GLAND	03	
	AXILLA	02	
	CONTENT OF AXILLA	04	
	MUSCLES OF ARM	01	
	MUSCLES OF FOREARM	04	
	CUBITAL FOSSA	01	
	JOITS OF UPPER EXTRIMITY	06	
REVISION	02		
APRIL 2026	HISTOLOGY	10	TERMINAL I
	NERVES OF UPPER EXTRIMITY	02	
	VESSELS OF ARM & FOREARM	02	

	VENOUS DRAINAGE OF UPPER EXTREMITY	02	
	MUSCLES OF BACK	02	
	INTRINSIC MUSCLES OF HAND	02	
	MUSCLES OF BACK	02	
	INTRINSIC MUSCLES OF HAND	02	
	REVISION	02	
MAY 2026	INTRODUCTION TO THORAX	02	
	PLEURA	02	
	LUNG	03	
	REVISION	02	
JUNE 2026	MEDIASTINUM AND CONTENT	09	
	HEART	06	
	MAJOR VESSELS OF HEART	03	
	DIAPHRAGM	01	
	REVISION	02	
JULY 2026	INTRODUCTION TO NECK	01	
	CERVICAL FASCIA	02	
	TRIANGLES OF NECK	05	
	THYROID	02	
	THYMUS	01	
	FACE	04	
	SCALP	02	
	LACRYMAL APPARATUS	02	
	PAROTID GLAND	02	
	REVISION	02	
AUGUST 2026	MANDIBULAR GLAND	02	PERIODICAL II
	MUSCLES OF MASTICATION	04	
	EYE – ORBIT	02	
	EXTRA OCCULAR MUSCLES	02	
	PALATINE TONSILS	02	
	TONGUE	03	
	PHARYNX	03	
	LARYNX	03	
	MANDIBULAR GLAND	02	
	REVISION	02	

SEPTEMBER 2026	NOSE	03	
	EAR	03	
	INTERNAL & EXTERNAL CAROTID ARTERY	02	
	VERTEBRAL ARTERY	02	
	INTERNAL JUGULAR VEIN	02	
	CNS INTRODUCTION	01	
	MENINGES	02	
	EAR	03	
	INTERNAL & EXTERNAL CAROTID ARTERY	02	
	VERTEBRAL ARTERY	02	
	INTERNAL JUGULAR VEIN	02	
	OCTOBER 2026	CSF	02
CEREBELLUM		02	
SPINAL CORD		01	
CEREBRUM		02	
PONS		02	
MEDULLA		02	
MIDBRAIN		02	
VENTRICULAR SYSTEM BRAIN		03	
BASAL GANGLIA		01	
BLOOD SUPPLY OF BRAIN		01	
CRANIAL NERVES		03	
NOVEMBER 2026	INTRODUCTION TO LOWER EXTRIMITY	01	
	FEMORAL TRIANGLE	02	
	FEMORAL ARTERY, VEIN, NERVE	02	
	THIGH ANT. COMP	02	
	THIGH MED. COMP	02	
	GLUTEAL REGION	02	
	REVISION	02	
DECEMBER 2026	BACK OF THIGH	03	
	POPLITEAL FOSSA	02	
	LEG BACK	02	
	LEG ANT. & LAT. COMP	02	
	FOOT	03	
	RETINACULUM	02	

	JOINTS OF LOWER EXTRIMITY	03	
	REVISION	02	
JANUARY 2027	LUMBAR AND SACRAL PLEUXES	04	PERIODICAL III
	ARTERIES OF LOWER EXTRIMITY	02	
	NERVES OF LOWER EXTRIMITY	02	
	LAYERS OF SOLE	03	
	ARCHES OF FOOT	02	
	INTRODUCTION TO ABDOMEN	02	
	ANTERIOR ABDOMINAL WALL	02	
	REVISION	02	
FEBRUARY 2027	PERITONEUM	02	
	STOMACH	02	
	LIVER	02	
	GALL BLADDER	02	
	DUODENUM	02	
	PANCREASE	02	
	SMALL INTESTINE	02	
	LARGE INTESTINE	02	
	VESSELS OF ABDOMEN	02	
	REVISION	02	
MARCH 2027	KIDNEY	02	
	URINARY BLADDER	02	
	SUPARENAL GLAND	02	
	URETER	02	
	MALE INTERNAL GENITAL	02	
	MALE EXTERNAL GENITAL	02	
	FEMALE INTERNAL GENITAL	02	
	FEMALE EXTERNAL GENITAL	02	
	RECTUM	02	
	ANAL CANAL	02	
	PERINEUM	02	
	ISCHIORECTAL FOSSA	02	
	REVISION	02	